

IS WORRY WORRYING YOU?

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IS WORRY WORRYING YOU?

- 3 TYPES OF WORRY
- 3 AREAS OF WORRY
- 3 BIBLICAL DISCIPLINES OF OVERCOMING WORRY

3 TYPES OF WORRY

- Good
 - 2 Cor. 11:28
 - Phil. 2:19-20
- Bad
 - Psalm 37:8
- Ugly
 - Matt. 27:5

3 COMMON AREAS OF WORRY

- Matt. 6:19-21
- FINANCE
- FAMILY
- FUTURE

3 BIBLICAL DISCIPLINES OF OVERCOMING WORRY

- RELINQUISH

- PSALM 55:22

- REMEMBER

- MATT. 28:20

- RELY

- PHIL. 4:6-7